

Services We Provide



Living alone? Call us to set up medication reminders or just for a friendly chat!



Personal Care

Trained personal care providers as your daily companion for your whatever you need!



Intensive Seniors Community Team

Feeling sad?
CANES is here for YOU!



Caregiver Counselling

Here at CANES, your family is OUR FAMILY! We are here to help you care for your loved ones.

Contact Us

Main Office:

10 Carlson Court
Suite 200
Toronto, ON, M9W 6L2

Tel:

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Fax:

416-743-7654

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CANES
community care

Bringing Quality Care Home®

What You Need To Know About

Medication Management



Medication Safety



Drug Interaction



Remember! Some Drugs Cannot Be Mixed With...

- +Other drugs & alcohol
- +Certain foods
- +Chronic illnesses



Helpful Tips

Medication Journal:

- +Log medication & effects
- +Keep track of your medication
- +Comprised list of your medication for your Health care Provider to reference



Blister Packs:

- +Organize pills
- +Prevent administration mishaps
- +Portable container for your medication



If you are taking multiple medications, be sure to contact your Health Care Provider for guidance

What To Do:

- +Fill prescriptions at the same pharmacy
- +Plan diet accordingly
- +Use medication organizer
- +Plan meals according to your medication



What To Look Out For:

- +Follow directions on labels
- +Ask Health Care Provider re: restrictions associated w/ medication



*Speak with your health care provider for more info