

HOME SAFETY CHECKLIST FOR SENIORS

BATHROOM

- Are there grab bars and railings installed by the shower and toilet?
- Does the bathroom have non-slip mats?
- Is the toilet and shower/bathtub at correct height levels?

LIVING ROOM & BEDROOM

- Are walking pathways clear from electrical cords and clutter?
- Are there non-slip rugs or double-sided taped throw rugs?
- Is there proper lighting?
- Does the window create a glare?
- Is there a telephone close by?

STAIRWAY

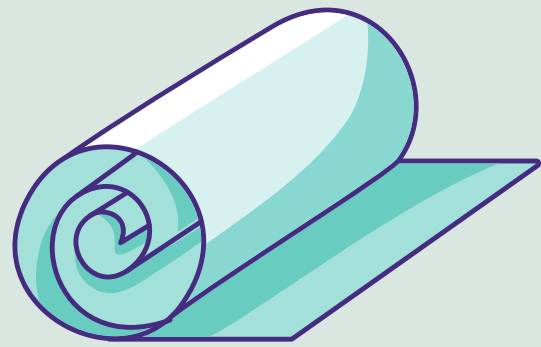
- Does the stairway have railings on both sides?
- Are there non-skid treads on the stairs?
- Do the stairs and handrails need any repairing?
- Are there light switches on both ends of the stairs?

SYSTEMS

- Are the carbon monoxide detectors working?
- Do the smoke detectors have working batteries?
- Are all the heat and cooling systems working?

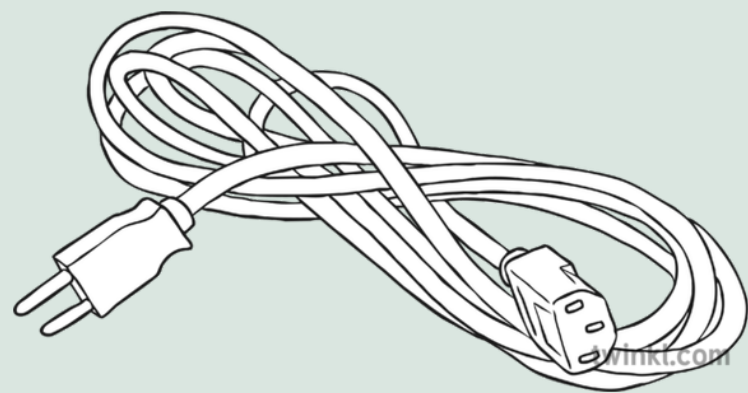


HOME SAFETY SUGGESTIONS FOR SENIORS



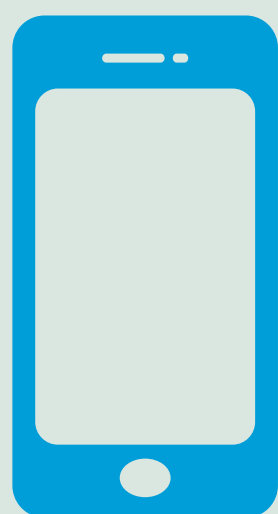
Add rubber mats to the floors of the bathtub and purchase non-slip shoes

Nightlights and rope lighting are great for dark hallways and rooms



Organize electrical wires and furniture to have a clear pathway

Install new batteries in smoke and carbon monoxide detectors yearly



Consider having a cordless phone or installing a medical alert system

CANES OFFERS YEAR ROUND HOME MAINTENANCE TO SENIORS RESIDING IN THEIR HOME, CONDO OR APARTMENT:



**TO REQUEST THE SERVICES, PLEASE CALL:
416-743-3892 EXT. 247**

